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Be Glad In The Lord! (Psalm 32)

Psalm 32 is a short psalm based on a true story. The story involves David, the author, and is recorded in 2 Samuel 11-12. It is the account of David's adulterous affair with Bathsheba, a married woman. During this dark period of David's life, he did not confess his sinful actions to the Lord and suffered greatly as a result. It was only a year later when the prophet Nathan confronted him that he finally dealt with his sin. When he acknowledged his guilt, the Lord promptly "put away" his sin (2Sam 12:13). In this psalm, David describes the relief and joy he experienced when he was forgiven. Through the atoning death of our Lord Jesus Christ, **you and I may experience this very same joy and gladness in our lives when we confess our sins to Him.** Because of what Christ has done for us, we may "be glad in the Lord and rejoice" (v11), for "in Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace" (Eph. 1:7).

POINTS TO PONDER:

A. THOSE WHOSE SINS ARE FORGIVEN ARE TWICE BLESSED! (V1-2)

B. DAVID SUFFERED GREATLY WHEN HE DID NOT CONFESS HIS SIN (V3-4)

- *Why do you think that David did not confess his sin?*
- *What are some reasons that people often hide their sins?*

C. WHEN DAVID DID CONFESS HIS SIN, HE WAS IMMEDIATELY FORGIVEN (V5)

- *What prompted David to confess? (See 2Samuel 12)*
- *When I confess my sin, God immediately forgives and cleanses me (v5b)*

D. ONCE FORGIVEN, DAVID BEGAN TO BOAST IN THE LORD'S GOODNESS (V6-7)

- *God preserves and protects us from trouble.*

E. GOD OFFERS HIS LEADING AND GUIDANCE TO KEEP US FROM SIN (V8-9)

F. THOSE WHO ARE FORGIVEN MAY TRULY REJOICE IN THE LORD! (V10-11)

CHALLENGE TO CHANGE:

Do you readily confess your sins to the Lord? Confession of sin is an integral practice in the Christian life. As a believer, God wants you to walk before Him in humility and obedience. When you do sin, immediately seek God's forgiveness. The blood of Christ is available for your cleansing. To confess your sin, first acknowledge your guilt. Say to God: "I have sinned." When you confess your sin, God promises to cleanse you entirely. ("If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness" - 1Jn 1:9).