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## God Is For Me! (Psalm 56)

*When you are on God's side, God is on your side!* This great truth is expressed by David many times in the psalms. A number of these psalms (including psalm 56) were written at times of severe testing. Psalm 52, for example, was written when David was betrayed by an Edomite. Psalm 57 was penned when he hid away from Saul and his army in a cave. If you read the chapter title of Psalm 56, you will notice that David was on this occasion taken captive by the Philistines. Of all places, this happened in Gath, Goliath's own hometown! Helpless, and on the verge of death, he cried out to the Lord. Psalm 56 is his prayer for deliverance.

### POINTS TO PONDER:

#### A. DAVID DESCRIBES HIS TROUBLES (V1-7)

- The Apostle Paul also faced many severe troubles as a Christian. (See Acts 9:15-25; Acts 14:5-20; 2 Tim. 3:12).
- Underline the words "All day" in Psalm 56. They appear three times. *Was there ever any end to David's troubles?*
- *What did David do when he was surrounded by his enemies?* (See v3-4).

#### B. DAVID PUTS HIS TRUST IN THE LORD (V8-9)

- Trustworthy Truth 1: God Is Watching Over Me. *"You number my wanderings..."*
- Trustworthy Truth 2: God Cares For Me. *"Put my tears into Your bottle..."*
- Trustworthy Truth 3: God Hears My Prayers. *"When I cry out to You..."*
- Trustworthy Truth 4: God Is For Me. *"This I know, because God is for me."*

#### C. DAVID REMEMBERS THE LORD (V10-13)

- David Praised The Lord: *"I will praise His word"*
- David Vowed To Honor God: *"Vows made to You are binding upon me..."*

### CHALLENGE TO CHANGE:

**TRUST GOD IN EVERYTHING!** When the Lord is on your side you can always look to Him – No matter how bad things appear! *Are you facing any trials or troubles at the moment?* If so, meditate on the four trustworthy truths in Psalm 56.